

**‘Swachhta Pakhwada’ Celebration at ICAR-NIHSAD, Bhopal**  
**October 16-31, 2016**

Taking one more step towards fulfilling the Mahatma Gandhi’s dream of a clean and hygienic India by 150<sup>th</sup> birth anniversary in 2019, ICAR-National Institute of High Security Animal Diseases celebrated “**Swachhta Pakhwada**” programme from October 16-31, 2016. The programme started with a pledge for cleanliness administered by the Director, ICAR-NIHSAD to all the employees. He emphasized the need for everyone to contribute at least 2 hours every week towards fulfilling the mission for making the campus clean and healthy. All the staff members of ICAR-NIHSAD were divided into groups to clean inside and outside the campus and picked up polythene bags were handed over to municipality for proper disposal. Dry leaves, pebbles, unwanted plants etc. were also handpicked and properly disposed in specially dug compost pit. During the ‘Swachhta Pakhwada’, various activities such as cleaning of working areas in the offices and various sections of the institute were carried out. Keeping in view the ‘burgeoning stress’ on our day to day life, a lecture on “Stress Management” by B.K. Kiran, Regional coordinator of M.P. for Value Education & Spirituality cell of Brahmakumaris’ Rajyoga Education & Research Foundation was also arranged in the institute auditorium on October 21, 2016 as part of ‘Swachhta Pakhwada’. Such kind of activity will certainly boost in relieving the stress and thus improves the efficiency of staff, positive thinking and fast disposal of work. Each and every member of the institute participated enthusiastically in the programme with a pledge to maintain the cleanliness throughout the year.



Glimpse of 'Swachhta Pakhwada' (October 16-31, 2016) at ICAR-NIHSAD